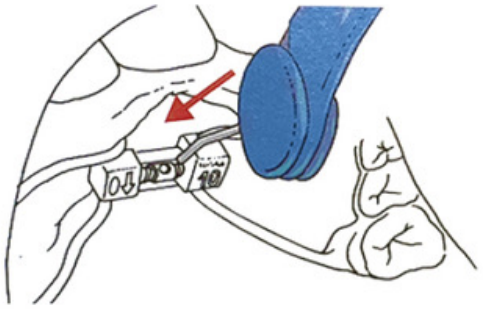
Instructions to activate the Rapid Palatal Expander:

Open mouth wide & carefully insert the swivel key into the hole in the middle of the appliance. (Fig. 1-2) Steadily push the key toward the back of the mouth until you feel the rotation stop. Carefully remove the key once rotation is completed. (Fig. 3-4) Repeat as prescribed by clinician.

1



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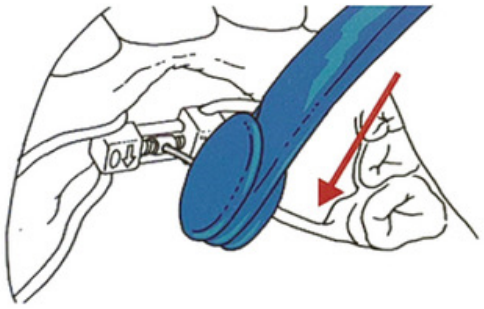

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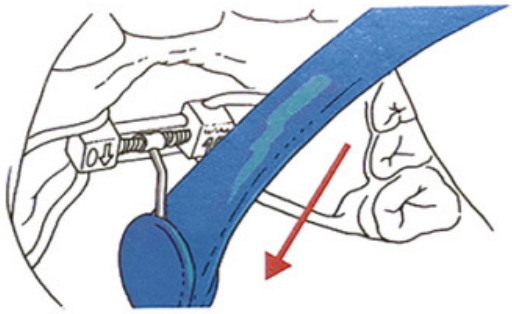

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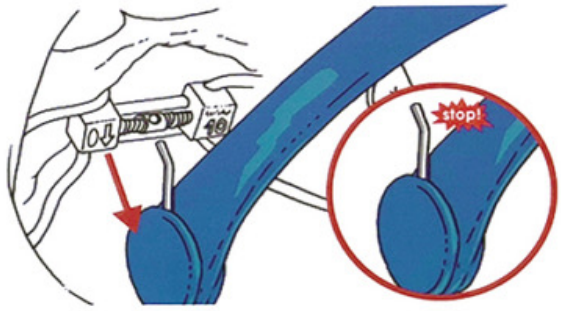

Follow your doctors instructions for maximum activations allowed.
Record the number of activations completed:

DATE		

DATE		

DATE		